

LINLITHGOW KAYAK RACING
ANNUAL GENERAL MEETING: LOWPORT CENTRE LINLITHGOW
26TH FEBRUARY 2018 1930

Present:

Derek Marshall, Nan Marshall, Sara Gough, Freya Randle, Donald Gardner, John Lewis, Andy McGowan, Fiona McGowan, Neil Redmond, Dorothy Fleming, Martin Fleming, Aidan Leiper, Kristina Armstrong, Alexandra Armstrong, Pamela Armstrong, Patrick Armstrong, Finn Cadell, Karen Cadell, Judith Gray, Neil Fraser, Jack Brockway, Jacqui Brockway, Chris Wynne, Piers De Salis, Max de Salis, Sandra Pirie, Gerry Pennycook, George Pennycook, Alan Fletcher

Apologises:

Cecile Redmond, Sean Redmond, Amy Redmond, Pete Easson, Simon Dean, Terry Kowal, Jason Toovey, Michal Sroka, Eduardo Fernades, Gillian & David Mitchell, Skye Cadell,

Minutes:

The AGM minutes from the 2017 AGM were proposed by Donald Gardner and seconded by Jacqui Brockway.

Chairman's Report:

Derek Marshall gave a comprehensive account of the club for 2017. A copy is included in Appendix 1.

Treasurer's Report.

Healthy balance this year. A copy is included in Appendix 2

Election of Office Bearers:

Position	Member:	Proposed by:	Seconded by:
Chairman	Derek Marshall	D Gardner	J Brockway

Secretary	Patrick Armstrong	D Marshall	A Fletcher
Treasurer	Nan Marshall	P Armstrong	K Cadell
Head Coach	John Lewis	D Marshall	P Armstrong
Child Protection	Jacqui Brockway	N Marshall	P Armstrong
Membership Secretary	Nan Marshall	P Armstrong	D Marshall
Web Master	Chris Wynne	P Armstrong	D Marshall
Ordinary Member	K Cadell	J Brockway	D Marshall
Ordinary Member			
Junior Representative	Jack Brockway	P Armstrong	N Marshall
Junior representative	Max de Salis	D Marshall	P Armstrong

Nan Marshall expressed a strong desire to stand down as the year unfolds and asked for people to consider taking her in role. This included organisation of the Lightnings on Monday Evenings and Race timing.

Club Fees 2018:

To remain the same as 2017.

AOB:

1. A circular to go round soon for club kit so a bulk order can be ordered.
2. To examine the payment of youth coaches for their help during the week. Was approved by the meeting.
3. To examine help in funding of Level 1 Coach courses. The SCA pays 50% at the present and it was agreed that funding could come from the club for individuals wishing to take the course although an agreement would be needed to ensure the club had some return.
4. Thankyou to Nan and Derek Marshall.

Linlithgow Kayak Racing Chairman's Report to the AGM 2018

The Season 2017 was another very successful season. LKR has had with representation at every sprint and most marathon competition in Scotland.

In **Sprinting** the **Scottish Sprint Championships** were held at Strathclyde Park in mid-September & LKR came back with 24 individual Medals - 12 Gold, 6 Silver & 6 Bronze medals.

The **Scottish Sprint League**, held over 5 regattas LKR paddlers achieved the following results: U10 Girls – Silver Hannah Toovey, U10 Boys – Silver Corran Fraser, Bronze Szymon Sroka, U12 Girls – Gold Kristina Armstrong, U14 Girls – Gold Alexandra Armstrong, Silver Freya Randle, U14 Boys – Gold Kacper Sroka, Bronze Max De-Salis, U16 Boys – Silver Matthew Kowal, Bronze George Pennycook, U16 Girls – Bronze Skye Cadell, U18 Girls – Gold Emma Bockway, Senior Men – Gold Sean Redmond, Veteran Men – Gold Jason Toovy, Masters Men – Gold Derek Marshall, Bronze John Lewis, Masters Ladies – Gold Cecile Redmond.

At the Nottingham regattas we had a total of 5 promotions over the season.

The **British Sprint Championships** in Nottingham were held at the September regatta and LKR paddlers came back with 2 Gold, 6 silver & 4 Bronze.

Lightning

Our Lightning paddlers, who were competing at the 4 GB Regattas in Nottingham, did very well with 3 of the Scottish clubs in the top 5 UK clubs and LKR coming top and beating the big clubs down south. We were presented with the cup (which is retained by the sprint committee) and we took home a Silver Salvia – Didn't we do Well

We had 4 paddlers competing for GB last season:

- **Lewis Fletcher** at Senior World Championships at Racice, Czech Republic in K4 500m
- **Emma Brockway** at Junior World Championships at Piesti, Romania in K4 500m
- **Finn Cadell** also at Junior World Championships at Piesti, Romania in K2 1000m
- **Jack Brockway** at the Olympic Hopes regatta

Jack Brockway has also been selected to representing GB at the 2018 Youth Olympic World Games Qualifying event but...

Our own Sprint Regatta in May on the loch was a great success with 70 paddlers taking part, 25 from LKR.

The Scottish Sprint League is competed for by all clubs in Scotland over 4 Sprint Regattas. Points are awarded for each end every paddler who competes – this includes 8 year olds to ... well us oldies.

Again this season the Scottish Sprint League trophy was retained by LKR – this is only the 5th time in 35 odd years that it has not been in the possession of Kirkcaldy Canoe Club & the 4th time in a row.

In **Marathon** our numbers taking part have held steady this season and it is Scottish great to see our Lightnings paddlers taking up the challenge against the other clubs.

In the Marathon League on the Long Course Silver – Sean Redmond, Bronze – Simon Dean. Short Course Bronze – Derek Marshall. Mini Course our best placed paddler was Cecile Redmond in 5th place.

Once again we were unable to get our hands on the Scottish Marathon Club Trophy which was won by Kirkcaldy CC again - more bums on seats required please.

At the Scottish Marathon Championships we won:

- K1 Marathon – Held in Inverness – no LKR paddlers
- K2 Marathon – 3 Gold & 1 Silver
- K1 – 10km Championships – 1 Gold
- K2 – 10km Championships – 1 Gold, 1 Silver & 2 Bronze

Our own Marathon took was again held in Linlithgow on the canal. We had 56 Paddlers taking part with 22 from LKR which was a great opening to the season.

This event which is suitable for ALL paddlers including Lightnings will take place on 22nd April on the canal with distances for all abilities and all are welcome to compete & Alan will be looking for volunteers in due course.

The club took part in a number of Club events through the season.

Scottish Racing Week This is a series of 5 races that take place over 8 days and we have the following category winner:
Long Course: 1st Sean Redmond, 2nd Simon Dean.

Short Course: 2nd Derek Marshall, 3rd Jason Toovey.

Mini: 2nd Cecile Redmond

Lightning: 1 Kristina Armstrong, 2nd Laren Wynne & 3rd Hannah Toovey.

Glasgow to Edinburgh

This challenge takes place over 2 days to cover the 56 Miles from the centre of Glasgow to the centre of Edinburgh. We had paddlers entered 4 different classes

In the K1 solo race Finn Cadell was 4th completed the course together in a time of 8hr:47min.

K1 relay Class we had 1/3rd of a team – Jack Brockway (+Max Seleicki, FCC & Martin Chorvath) who set a new team really record time of 08hr:23min.

And finally we entered a K2 Open Team Relay where we had 2 boats & 10 paddlers – an adult paddling with a lightning paddler.

This was great fun for both the paddlers & the

support crews (5 cars chasing the boat across central Scotland for 2 days) Our time was 8hr:51mins beating KCC by more than an 1 hour! to get the John Kinninmonth Memorial Trophy

Devizes to Westminster

This is a 125-mile race that takes place every Easter where you have to portage with your boat 77 times. Last year Emma Dunlop & Ione Russell completed this event at their 3rd attempt.

Diane Sharp entered the 4-day K1 event but had to retire on day 3.

Hasler Finals & GB Champs

These are the GB Club championships & the GB Marathon Championships are held, separately, at one of the bigger clubs down south. Alas we did not have any representation at these events last season.

Cape Point Challenge

This is a race for "Surf Ski" paddlers and takes place around the Cape of Good Hope – the bottom tip of land of Africa, in South Africa. This race is approximately 50km in the open sea with tides and big waves. On the 16 December 2017 Lizelle Kemp took part in this challenging race and was the 11th Female finisher in a little over 6 hours of paddling.

LKR also organise 2 race series throughout the season in summer on the loch & in winter on the canal.

The Summer Series

Last year we were able to run all the 5 events as programmed with 46 paddlers taking part over the series with Lizelle Kemp, Aidan Leiper, Freya Randel, Josh Grey & Hannah Toovey all winning their respective classes.

The Winter Series

These take place on the canal 5 times during the winter months and we had to cancel 2 due to ICE. We have 1 more event to come on Sunday 11th March.

All of these events have been well attended and we encourage all new members to come along and give them a try.

Our Committee have been working hard at getting more paddlers on the water & this included parents this season

Head coach, John Lewis, has faced his own challenges last year but with the assistance of Pete, George, Skye, Oliver & Derek delivered the session through the season and on into the winter.

Monday night winter Gym Sessions have, in the main been taken by John with the assistance of George, Skye & Pete. The Thursday night's sessions have also been run by John & George.

The winter swimming sessions at the Academy on Wednesday nights have been taken by Derek with the assistance of parents and I like to thank Rona for providing cover when required.

All of these sessions are aimed at the lightning & Under 14 age groups paddlers and will stand them in good stead for the start of the season.

Our SCA squad paddlers, who make up over 40% of the squad, continue to train at Ratho and already this year (2017 have been in Slovakia XC skiing & Portugal for warm weather paddling).

Chris Wynne who has volunteered to take on the webmaster role for the club & has introduced the new website during the year.

Our locker at the basin, where we keep boats and paddles, required what is termed "First Maintenance" – that is the exterior of the shed required re-painting. We provided the paint & we have to thank the Linlithgow Union Canal Society for providing the labour to apply the paint, which was very much appreciated.

Again I would like to thank all my fellow committee members and coaches for their assistance over the last year, especially to Nan for her work and support, and last but not least I would like to thank our Mr Fix It – Neil Redmond who has continued to work away in the background, refurbishing and repairing equipment - if a boat gets damaged please let us know so we can fix it.